



# Healthy Nashville Community Health Improvement Plan 2020-2022

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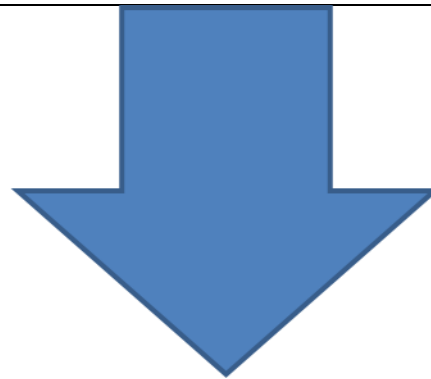
## Chair Statement

On behalf of the Healthy Nashville Leadership Council, I am pleased to present the 2020-2022 Healthy Nashville Community Health Improvement Plan (CHIP).

This CHIP is the result of a strong collaboration among local organizations that are required to conduct a health needs assessment in partnership with community residents. This plan is a roadmap to align various initiatives, programs, and activities to improve the health of the community.

The CHIP presents five key systems issues for the community to address over the next three years. These issues were identified from a rigorous community health assessment process using the Mobilizing for Action through Planning and Partnerships (MAPP) framework for community health improvement. Thousands of Nashville residents participated in the visioning, assessment, and strategy development processes that resulted in this CHIP. The MAPP process used the mayoral appointed Healthy Nashville Leadership Council as the Steering Committee, while the Metro Public Health Department served as the convening agency for the process. The Core Team consisted of the Metro Public Health Department, Saint Thomas, Vanderbilt University Medical Center, Matthew Walker, Neighborhood Health, Connecticut Health, federally qualified health centers, and Metro Social Services. The Comprehensive Community Health Assessment-Davidson County Report details the assessment process and its results and can be found in an accompanying document.

**Vision:** A healthy Nashville has a culture of compassion and well-being where all people belong, thrive and prosper



**Issue:** Access & Coordination of Resources

**Goal:** Increase access and efficiency through the integration and alignment of resources to improve health and well-being

**Issue:** Access to Affordable Health Care

**Goal:** Develop an equitably system of affordable, evidence-based care for the uninsured and underinsured

**Issue:** Equity

**Goal:** Ensure strategic focus on communities at greatest risk for health inequities

**Issue:** Addressing Basic Needs & Addressing Social Determinants

**Goal:** Provide genuine access to all the elements necessary for healthy and successful lives

**Issue:** Support Mental Health & Reduce Toxic Stress

**Goal:** Ensure all people have equitable access to evidence-based mental health and substance abuse services and supports, positive early childhood development and safe, nurturing relationships and environments

In addition to the goals and objectives included in the CHIP, the Healthy Nashville Leadership Council (HNLC) and collaborators will continue to seek opportunities to partner, convene and participate in initiatives that support the five priority issues for the community.

We are all striving to make the community developed vision below become a reality: *“A healthy Nashville has a culture of compassion, where all people belong, thrive and prosper.”*  
I am excited to see the results of the implementation of this new CHIP.

Sincerely,

Freida Outlaw, PhD, RN, APRN, FAAN  
Chair, Healthy Nashville Leadership Council

## Goals and Objectives

<b>Access &amp; Coordination of Resources</b>	
<b>Goal:</b> Increase access and efficiency through the integration and alignment of resources to improve health and well-being	
<b>Objective/Strategy</b>	<b>Organization</b>
<b>1.1</b> By December 2020, engage community leaders, organizations and community members to identify and develop specific objectives and measures on access, alignment, and coordination of resources for inclusion in the 2020-2022 CHIP and propose new objectives to the HNLC for adoption.	Healthy Nashville Leadership Council
<b>Access to Affordable Health Care</b>	
<b>Goal:</b> Develop an equitably integrated system of affordable, evidence-based care for the uninsured and underinsured	
<b>Objective/Strategy</b>	<b>Organization</b>
<b>2.1</b> By December 2022, increase the percentage of uninsured adult population accessing specialty care by up to 25%.	Safety Net Consortium
<b>2.2</b> By December 2022, reduce number of emergency department (ED) visits for uninsured patients that could be treated in primary care settings.	Safety Net Consortium
<b>2.3</b> By December 2022, convene the mental health/behavioral health community stakeholders for discussions regarding increasing access to behavioral health services.	Behavioral Health and Wellness Advisory Council, Metro Public Health Department
<b>Strategy 2.3.1</b> By July 2020, secure funding to conduct the Behavioral Health System Assessment for Nashville/Davidson County.	Behavioral Health and Wellness Advisory Council, Metro Public Health Department
<b>Strategy 2.3.2</b> By December 2021, secure findings from the Behavioral	Behavioral Health and Wellness Advisory Council, Metro Public Health Department

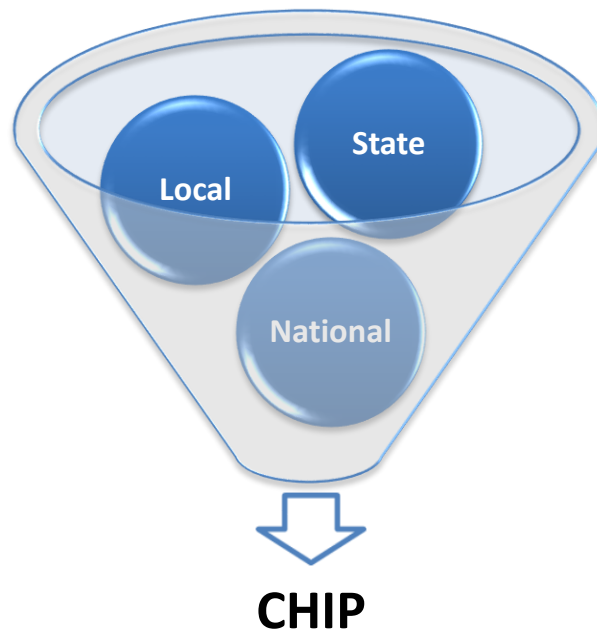
Health System Assessment for Nashville/Davidson County.	
<b>2.4</b> By December 2022, build a plan based on the gaps identified in the assessment	Behavioral Health and Wellness Advisory Council, Metro Public Health Department
<b>Equity</b>	
<b>Goal:</b> Ensure strategic focus on communities at greatest risk for health inequities	
<b>Objective/Strategy</b>	<b>Organization</b>
<b>3.1</b> By December 2022, raise awareness about health inequities at the individual, organizational, and systems levels through training and information sharing activities.	Healthy Nashville Leadership Council-Health Equity Workgroup
<b>Strategy 3.1.1</b> By December 2022, conduct “Seeds of Equity” training with five Nashville organizations or entities, including the Healthy Nashville Workgroups	Healthy Nashville Leadership Council-Health Equity Workgroup
<b>Strategy 3.1.2</b> By December 2022, disseminate the Health Equity one-pager and other Health Equity resources to non-profit organizations, associations, Metro government and businesses.	Healthy Nashville Leadership Council-Health Equity Workgroup
<b>3.2</b> By December 2022, strengthen capacity and advance equity for minority-led, emerging non-profit organizations that are on the front lines of promoting health equity and well-being in vulnerable communities.	Healthy Nashville Leadership Council-Health Equity Workgroup
<b>Strategy 3.2.1</b> By December 2022, coordinate existing capacity building efforts for minority-led organizations that are advancing equity by bringing together funders, academic partners, consulting groups, and others to advance programs and policies.	Healthy Nashville Leadership Council-Health Equity Workgroup
<b>3.3</b> By January 2021, reorganize and refresh charter and structure of the Health Equity Workgroup, including soliciting additional ideas for membership, subgroup structures and an expanded leadership team.	Healthy Nashville Leadership Council-Health Equity Workgroup
<b>Addressing Basic Needs &amp; Social Determinants</b>	

<b>Goal:</b> Provide genuine access to all the elements necessary for healthy and successful lives	
<b>Objective/Strategy</b>	<b>Organization</b>
<p><b>4.1</b> By December 2020, engage community leaders, organizations and community members to identify and develop specific objectives and measures on:</p> <ul style="list-style-type: none"> <li>• safe, affordable housing</li> <li>• healthy food access</li> <li>• community safety</li> <li>• transportation</li> <li>• and public education</li> </ul> <p>for inclusion in the 2020-2022 CHIP and propose new objectives to the HNLC for adoption.</p>	Healthy Nashville Leadership Council
<b>Support Mental Health &amp; Reduce Toxic Stress</b>	
<b>Goal:</b> Ensure all people have equitable access to evidenced-based mental health and substance abuse services and supports, positive early childhood development and safe, nurturing relationships and environments	
<b>Objective/Strategy</b>	<b>Organization</b>
<p><b>5.1</b> Beginning 2020, increase delivery of Adverse Childhood Experiences training to local public health system partners, Metro Nashville Government staff, and the public.</p>	ACE Nashville, Metro Public Health Department
<p><b>5.2</b> Beginning 2021, increase number of local public health organizations and Metro Nashville Departments implementing a trauma-informed approach in their policies and practices.</p>	ACE Nashville, Metro Public Health Department
<p><b>5.3</b> By December 2022, present recommendations for addressing access to affordable, high-quality child care in Nashville to appropriate decision-making authorities.</p>	ACE Nashville, Metro Public Health Department
<p><b>5.4</b> By December 2022, equip the Suicide Prevention in African American Faith Communities Coalition (SPAACC) with knowledge and tools to connect members of the faith communities to mental health and substance abuse supports and service.</p>	Suicide Prevention in African American Faith Communities Coalition, Metro Public Health Department

<p><b>Strategy 5.4.1</b> Beginning in 2020, increase the number of faith communities participating in the Suicide Prevention in African American Faith Communities Coalition.</p>	<p>Suicide Prevention in African American Faith Communities Coalition, Metro Public Health Department</p>
<p><b>Strategy 5.4.2</b> Beginning in 2020, align activities of SPAACC with local trauma-informed initiatives.</p>	<p>Suicide Prevention in African American Faith Communities Coalition, Metro Public Health Department</p>
<p><b>5.5</b> By December 2022, develop overdose response strategies and interventions that are accurately targeted.</p>	<p>Metro Public Health Department</p>
<p><b>Strategy 5.5.1</b> Beginning in 2020, convene an Overdose Fatality Review Panel.</p>	<p>Metro Public Health Department</p>
<p><b>Strategy 5.5.2</b> Beginning in 2020, increase the number of stakeholders participating in the Overdose Response Workgroup.</p>	<p>Metro Public Health Department</p>



## Alignment Effort



The partnering organizations worked together to design, direct and conduct the assessments of the communities served. The partnering organizations collaborated and shared in the analysis of data. The partnering organizations also collaborated with members of the community to understand the current health needs of Davidson County, The Objectives chosen for CHIP implementation were done specifically to address the identified needs and have been screened against local, state and national priorities. This screening is an important step to link the local effort to a larger effort to address health at the population-level. This screening is reflected in the following chart.

## Alignment

Objective/Local Strategy	State	Healthy People 2020	National Prevention Strategy			
1.1	TN State Health Plan Principle 2, Access to Care Goal 1a. People in TN have the necessary support and opportunities for healthy living	TN State Health Plan – people in TN should have access to healthcare and the conditions to achieve optimal health	Healthy People 2020 Objective AHS-5 – Increase the proportion of persons who have a specific source of ongoing care	Clinical and Community Preventive Services - 4 Support implementation of community-based preventive services and enhance linkages with clinical care.		
2.1	TN State Health Plan Principle 2, Access to Care – people in TN should have access to healthcare and the conditions to achieve optimal health	TN State Health Plan Goal 2d. People in TN are able to obtain appropriate healthcare services to meet their needs	Priority for Consideration 5 within Goal 2d. of the TN State health Plan – Access to appropriate health and dental clinics impacts people’s ability to obtain appropriate services, especially for underserved populations	Healthy People 2020 Objective AHS-6 – Reduce the proportion of people who are unable to obtain or delay in obtaining necessary medical care, dental care, and prescription medication	Clinical and Community Preventive Services - 5 Reduce barriers to accessing clinical and community preventive services, especially among populations at greatest risk.	Elimination of Health Disparities - 2 Reduce disparities in access to quality health care.
2.2	TN State Health Plan Principle 2, Access to Care – people in TN should have access to healthcare and the conditions to achieve	TN State Health Plan Goal 2d. People in TN are able to obtain appropriate healthcare services to	Priority for Consideration 5 within Goal 2d. of the TN State health Plan – Access to appropriate health and dental clinics impacts people’s	Healthy People 2020 Objective AHS-5 – Increase the proportion of persons who have a specific source of ongoing care	Clinical and Community Preventive Services - 5 Reduce barriers to accessing clinical and community preventive services, especially	Elimination of Health Disparities - 2 Reduce disparities in access to quality health care.

	optimal health	meet their needs	ability to obtain appropriate services, especially for underserved populations					among populations at greatest risk.
<b>2.3</b>	TN State Health Plan Principle 2, Access to Care – people in TN should have access to healthcare and the conditions to achieve optimal health	TN State Health Plan Goal 2d. People in TN are able to obtain appropriate quality healthcare services to meet their needs	Priority for Consideration 5 within Goal 2d. of the TN State health Plan – Access to appropriate health and dental clinics impacts people’s ability to obtain appropriate services, especially for underserved populations	Healthy People 2020 Objective AHS-5 – Increase the proportion of persons who have a specific source of ongoing care	MHMD-10 Increase the proportion of persons with co-occurring substance abuse and mental disorders who receive treatment for both disorders	HP 2020 MHMD-5 Increase the proportion of primary care facilities that provide mental health treatment onsite or by paid referral	Clinical and Community Preventive Services - 5 Reduce barriers to accessing clinical and community preventive services, especially among populations at greatest risk.	Elimination of Health Disparities - 2 Reduce disparities in access to quality health care.
<b>3.1</b>	TN State Health Plan Principle 2, Access to Care-People in TN should have access to healthcare and the conditions to achieve optimal health						Elimination of Health Disparities - 3 Increase the capacity of the prevention workforce to identify and address disparities.	
<b>3.2</b>	TN State Health Plan Principle 2, Access to Care-People in TN should have access to healthcare and the conditions to achieve optimal health						Elimination of Health Disparities - 3 Increase the capacity of the prevention workforce to identify and address disparities.	

4.1		TN State Health Plan Goal 1a.	TN State Health Plan Principle 2,	TN State Health Plan Goal 2d.	Healthy People 2020 Objective ECBP-10-Increase the number of community-based organizations providing population-based primary prevention services	Injury and Violence Free Living - 1 Implement and strengthen policies and programs to enhance transportation safety.
		People in TN have the necessary support and opportunities for healthy living	Access to Care – people in TN should have access to healthcare and the conditions to achieve optimal health	People in TN are able to obtain appropriate quality healthcare services to meet their needs		Injury and Violence Free Living - 2 Support community and streetscape design that promotes safety and prevents injuries.
						Injury and Violence Free Living - 6 Provide individuals and families with the knowledge, skills, and tools to make safe choices that prevent violence and injuries.
5.1	ACE Nashville Strategic Plan		Mental and Emotional Well-being - 1 Promote positive early childhood development, including positive parenting and violence-free homes.	Injury and Violence Free Living – 6 Provide individuals and families with the knowledge, skills, and tools to make safe choices that prevent violence and injuries.		
5.2	ACE Nashville Strategic Plan	TN State Health Plan Goal 1a. People in TN have the necessary support and opportunities for healthy living		Mental and Emotional Well-being - 3 Provide individuals and families with the support necessary to maintain positive mental well-being.		

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5.3	ACE Nashville Strategic Plan		
5.5	Department of Justice Comprehensive Opioid Abuse Site-Based Program Grant 2019-2022	Working upstream and addressing substance abuse are priorities for the TN Dept. of Health	Healthy People 2020 Objective TN SA-8: Increase the proportion of persons who need alcohol and/or illicit drug treatment and received specialty treatment for abuse or dependence in the past year

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## Acknowledgements

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- Anita McCaig
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### **CHIP Planning Core Team**

- ConnectUsHealth
- Matthew Walker Comprehensive Health Center
- Metro Arts
- Metro Public Health Department
- Metro Social Services
- Saint Thomas Health
- Vanderbilt University Medical Center

### **CHIP Listening Session Host Sites**

- Elizabeth Park Community Center
- Hartman Park Community Center
- Session participants